

Derbyshire Homeless Health Audit

The homeless health audit took place throughout November 2013. It was carried out by Derbyshire's borough/district authorities and homeless service providers. In total 123 valid responses were received¹. The following report uses proportions (%) of this 123 person sample and represents a snapshot of key data for analysis by partners.

Borough/district breakdown of responses:

District/Borough	%
Amber Valley	6.4
Bolsover	2.1
Chesterfield	12.1
Derbyshire Dales	5.0
Erewash	35.0
High Peak	19.3
North East Derbyshire	7.9
South Derbyshire	4.3
No answer	7.9

It is worth noting the higher proportion of responses from Erewash and High Peak meaning the report is weighted slightly towards these boroughs.

Context and situation of the sample homeless population:

59.3% of the population were male and 35.0% were female. The remainder did not disclose their sex.

Which age range do you fall into?	%
16-17	5.7
18-25	29.3
26-35	16.3
36-45	13.0
46-55	20.3
56-65	5.7
66-75	3.3
75+	0.0
No answer	1.6

How would you describe where you are currently sleeping?	%
Sleeping rough	10.6
Hostel	17.1
Supported accommodation	19.5
B&B	1.6
Squatting	0.0
Sofa or floor	13.0
Nightshelter	0.0
Other	21.1
No answer	12.2

¹ For comparison with a national sample and results please see <http://homeless.org.uk/health-needs-audit>

Registration with local health services:

Service	Permanent (%)	Temporary (%)	No (%)	No answer (%)
Homeless healthcare	6.5	8.1	45.5	39.8
GP	81.3	2.4	9.8	6.5
Dentist	50.4	4.1	34.1	11.4

Local health services used in the last six months:

Service	Not used (%)	1-2 times (%)	3-5 times (%)	More than 5 times (%)	No answer (%)
GP	18.7	29.3	20.3	30.1	1.6
Dentist	50.4	34.1	3.3	1.6	10.6
Opticians	68.3	18.7	1.6	0.8	10.6
Nurse	52.8	20.3	10.6	5.7	10.6
Walk-in-clinic	66.7	15.4	3.3	2.4	12.2
Outpatients	65.9	12.2	2.4	7.3	12.2
Homeless healthcare	61.0	9.8	4.1	6.45	18.7
A&E	56.9	25.2	6.5	4.1	7.3
Ambulance	68.3	19.5	4.1	0	8.1
Hospital	67.5	17.9	5.7	0	8.9

Local health service offering the most overall help and support:

Service	%
GP	56.1
Homeless project	17.9
Homeless healthcare	7.3
A&E	6.5
Friend/peer	19.5
Family	17.1
Alcohol worker	3.3
Drug worker	4.9
Mental health worker	8.1
Nobody	7.3
Other	13.0

Wellbeing, smoking and meal consumption:

Do you smoke?	%
Yes	66.7
No	25.2
No answer	5.7
Do you want to stop smoking?	%
Yes	25.2
No	39.8
No answer	3.3
Offered advice on stopping smoking?	%
Yes, and took this up	8.1
Yes, but did not take this up	30.9
No	21.1
No answer	8.1

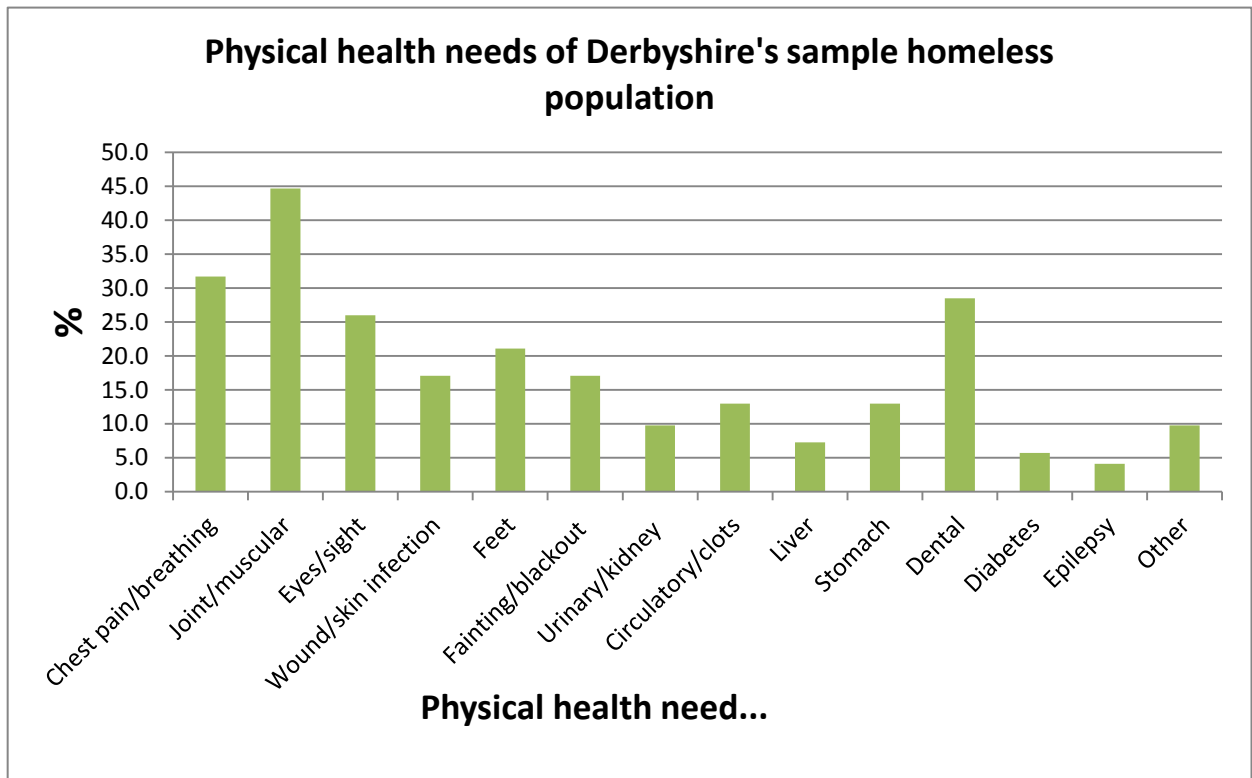
On average, do you eat at least 2 meals a day?	%
Yes	56.1
No	35.8
No answer	5.7
Are you reliant on food banks for any of your meals?	%
Yes	26.8
No	65.0
No answer	5.7

19.5% of those who ate less than two meals a day reported that this was due to a lack of money, 14.6% said it was not due to money. 51.4% of those who said they were reliant on food banks had visited one between 1 and 10 times in the last twelve months, 11.4% said they had visited one between 10 and 20 times.

Physical health needs (1):

Health need	Yes (%)	No (%)	No answer (%)
Chest pain/breathing	31.7	43.9	22.0
Joint/muscular	44.7	35.8	17.1
Eyes/sight	26.0	48.8	22.8
Wound/skin infection	17.1	55.3	25.2
Feet	21.1	25.0	24.4
Fainting/blackout	17.1	57.7	22.8
Urinary/kidney	9.8	62.6	25.2
Circulatory/clots	13.0	59.3	25.2
Liver	7.3	65.0	25.2
Stomach	13.0	59.3	25.2
Dental	28.5	45.5	23.6
Diabetes	5.7	64.2	27.6
Epilepsy	4.1	68.3	25.2
Other	9.8	48.8	39.0

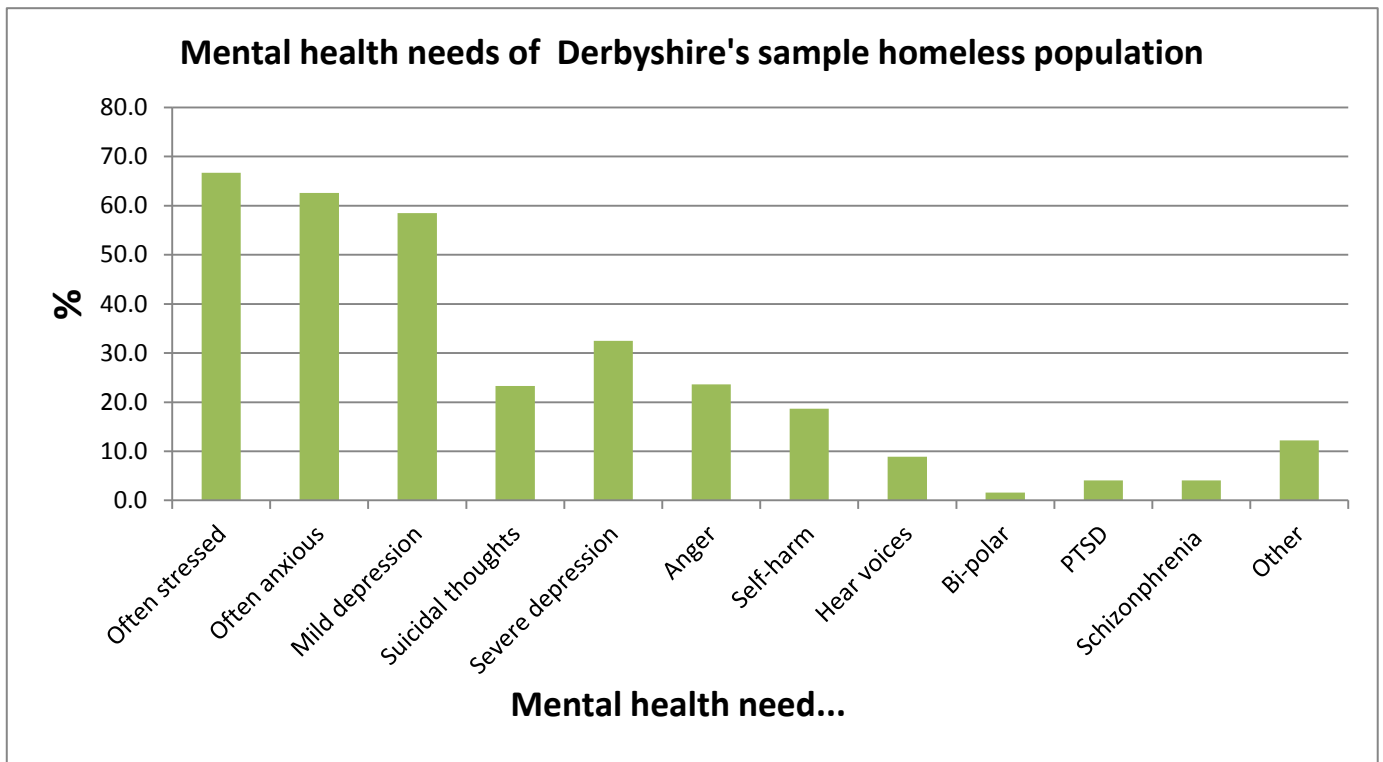
Physical health needs (2):



Mental health needs (1):

Mental health need	Yes (%)	No (%)	No answer (%)
Often stressed	66.7	17.9	10.6
Often anxious	62.6	21.1	11.4
Mild depression	58.5	22.0	14.6
Suicidal thoughts	23.3	48.0	17.9
Severe depression	32.5	1.6	4.6
Anger	23.6	50.4	21.1
Self-harm	18.7	56.1	20.3
Hear voices	8.9	64.2	22.0
Bi-polar	1.6	20.3	16.3
PTSD	4.1	19.5	14.6
Schizophrenia	4.1	19.5	14.6
Other	12.2	12.2	13.8

Mental health needs (2):



Substance use:

22.0% of the sample reported that they used drugs or alcohol to help deal with their mental health issues, 62.6% reported that they did not use drugs or alcohol for this purpose. 28.5% of the sample reported that financial problems contributed to their mental health issues, 50.4% reported that financial problems were not contributory to their mental health issues.

Substance use, alcohol:

Do you have or are you recovering from an alcohol problem?	%
Yes	13.0
No	68.3
No answer	13.8

How often do you have an alcoholic drink?	%
Never	17.9
Monthly or less	26.0
2-4 times per month	14.6
2-3 times per week	13.8
4-6 times per week	2.4
Every day	8.1
No answer	12.2

On average, how many UNITS do you drink on a typical day when you are drinking?	%
1-2 units	18.7
3-4 units	14.6
5-6 units	9.8
7-9 units	3.3
10+ units	13.8
No answer	17.1

Substance use, drugs:

Do you take drugs or are you recovering from a drug problem?	%
Yes	24.4
No	62.6
No answer	8.1
In the last month, have you used any of the following?	%
Heroin	10.6
Crack/cocaine	3.3
Cannabis	9.8
Amphetamines	1.6
Benzodiazepines	2.4
Legal highs	3.3
Prescription drugs	9.8
None	1.6
Other	2.4

Contact:

If there are any further questions on this report please contact Andrew Grayson, Housing Officer at Amber Valley Borough Council, andrew.grayson@ambervalley.gov.uk.